

Carla Ahmadieh

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Objective:

Dedicated and *motivated* third-year undergraduate psychology student with a minor in english language looking to use theoretical knowledge and practical experience gained through coursework and volunteer work to contribute effectively to the organization. Eager to apply strong interpersonal skills, empathy, and passion for mental health to support clients and learn from experienced professionals in a clinical setting.

Education :

Bachelor of Arts in Psychology
(Expected Graduation: December 2025)
Beirut Arab University, Beirut, Lebanon

Skills:

-Strong interpersonal and communication skills -
Ability to work collaboratively in a team environment
- Proficient in Microsoft Office Suite
(Word, Excel, PowerPoint) -
Excellent organizational skills and attention to detail
- Ability to adapt quickly to new environments and tasks
- Fluent in English and Arabic.

Certifications:

- Art Therapy Certificate (Alison, 2023)
- Workshop Certificate on Effective Teaching (BAU English Department, 2023)
- Obstetric Certificate (Lebanese Red Cross, 2023)
- EMT B Certificate (Lebanese Red Cross, 2023)
- First Responder Certificate (Lebanese Red Cross, 2022)
- First Aid Certificate (Lebanese Red Cross, 2022)

Experience:

Volunteer & Research Intern

Embrace Mental Health Center – Beirut, Lebanon

Patient Flow Volunteer (January 2025– Recent)

- Assisted in managing the flow of clients within the clinic to ensure efficient, compassionate service delivery.
- Welcomed and oriented clients, helping maintain a safe and respectful environment.
- Administered and completed various client surveys and intake forms to support clinical evaluation and service quality.
- Coordinated with clinicians to optimize scheduling and minimize wait times.
- Maintained confidentiality and followed ethical standards when handling sensitive information.

Part-Time Research Intern (April– Present)

- Support ongoing mental health research projects through literature reviews, data entry, statistical analysis and report writing.
- Participate in data collection, cleaning, and basic interpretation for internal and external reporting.
- Ensure research activities meet ethical guidelines and protect participant confidentiality.

Mission Leader and Emergency Medical Technician Volunteer, Lebanese Red Cross, Falougha, Lebanon, 2022-Present

- Provided emergency medical care and aid to individuals in crisis situations.
- Demonstrated effective communication and decision-making skills under pressure.
- Participated in ongoing training and professional development sessions to enhance emergency medical skills and knowledge.

Training and Professional Development:

Deescalation Training , *Embrace Mental Health Center – Beirut, Lebanon* (April-2025)

PSEA Training , *Embrace Mental Health Center – Beirut, Lebanon* (Feb-2025)

Peer Support Training, Lebanese Red Cross, Falougha, Lebanon, (2023)

Attended various mental health-related webinars, Lebanese Red Cross